Highmark Commercial Medical Policy - Pennsylvania

Medical Policy: E-35-013

Topic: Ultrasound Osteogenesis Stimulator

Section: Durable Medical Equipment

Effective Date: June 30, 2014
Issue Date: January 25, 2016
Last Reviewed: January 2016

An ultrasonic osteogenesis stimulator is a noninvasive device that emits low intensity, pulsed ultrasound. The ultrasound signal is applied to the skin surface at the fracture location via ultrasound conductive coupling gel in order to stimulate fracture healing.

This policy is designed to address medical guidelines that are appropriate for the majority of individuals with a particular disease, illness, or condition. Each person's unique clinical circumstances may warrant individual consideration, based on review of applicable medical records.

Policy Position Coverage is subject to the specific terms of the member's benefit plan.

An ultrasonic osteogenesis stimulator is covered only if **All** of the following criteria are met:

- Nonunion of a fracture (at least 3 months have passed since the date of the fracture); and
- The fracture is not of the skull or vertebrae; and
- Serial radiographs have confirmed that no progressive signs of healing have occurred; and
- The fracture gap is 1 cm or less; and
- The patient can be adequately immobilized and is able to maintain a non-weight bearing status.

Procedure Codes

Fresh Closed Fractures

Low-intensity ultrasound accelerated fracture healing systems may be considered medically necessary and, therefore, covered as an adjunct to conventional management (ie, closed reduction and cast immobilization) for the treatment of fresh (up to seven days after the fracture occurs), closed fractures of a skeletally mature individual, who is determined to be at high risk for delayed fracture healing or nonunion fractures, that includes having at least **ANY** of the following indications: a comorbidity **OR** location of fracture:

The individual has **ANY** of the following comorbidities:

- Diagnosis of alcoholism; or
- Current tobacco use; or
- Diagnosis of diabetes; or
- · Current use of prescribed steroid; or
- Diagnosis of osteoporosis; or
- Diagnosis of renal disease: or
- Current use of prescribed anticoagulation medications.

OR

The individual has **ANY** of the following fracture locations:

- Fracture of metatarsal, including Jones fracture (5th metatarsal); or
 - Navicular bone fracture of the wrist (also known as the scaphoid); or
 - Fractures associated with extensive soft tissue or vascular damage.

It will be necessary for the provider to submit medical records and/or additional documentation to determine coverage in these situations.

Procedure Codes E0760

If the above criteria are not met, an ultrasonic osteogenesis stimulator will be denied as not medically necessary. This includes, but is not limited to treatment of **ANY** of the following:

- As an adjunct to (i.e., at the time of or immediately after) bunionectomy procedures (When such surgery
 results in nonunion the medically necessary criteria above may apply);
- As an adjunct to (i.e., at the time of or immediately after) distraction osteogenesis procedures for any indication (e.g., limb lengthening, nonunion, or tibial defects); **or**
- Axial skeleton fractures, including the skull and vertebrae; or
- Congenital pseudoarthrosis; or
- Delayed fracture unions; or
- Fresh fractures that are Open Grade II or III, or require surgical intervention (with or without internal fixation), or are otherwise too unstable for closed reduction/; **or**
- Patellar tendinopathy; or
- Pathological fractures due to bone pathology or tumor/malignancy; or
- Stress fractures; or used with other noninvasive osteogenesis stimulators.

Procedure Codes E0747, E0760

An ultrasonic osteogenesis stimulator will be denied as not medically necessary if it is used with other noninvasive osteogenesis stimulators.

Procedure Codes E0747, E0760

Ultrasound conductive coupling gel is covered and separately payable if an ultrasonic osteogenesis stimulator is covered.

Procedure Codes A4559

Although ultrasound treatment is applied by the patient in the home setting, there may be physician involvement with this device. Eligible physician's services include assistance in positioning the device over an existing cast and instruction to the patient in the use of the device.

Procedure Codes 20979

See Medical Policy Bulletin S-89 for information on Electrical Osteogenesis Bone Stimulation.

Place of Service: Outpatient

The policy position applies to all commercial lines of business

FEP Guidelines

This medical policy may not apply to FEP. Medical policy is not an authorization, certification, explanation of benefits, or a contract. Benefits are determined by the Federal Employee Program.

Denial Statements

Services that do not meet the criteria of this policy will not be considered medically necessary. A network provider cannot bill the member for the denied service unless: (a) the provider has given advance written notice, informing the member that the service may be deemed not medically necessary; (b) the member is provided with an estimate of the cost; and (c) the member agrees in writing to assume financial responsibility in advance of receiving the service. The signed agreement must be maintained in the provider's records.

Links

- · Link to Diagnosis Codes
- · Link to References

Medical policies do not constitute medical advice, nor are they intended to govern the practice of medicine. They are intended to reflect Highmark's reimbursement and coverage guidelines. Coverage for services may vary for individual members, based on the terms of the benefit contract.

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